

Bannerman Community League Newsletter

Bannerman Bulletin

2020 APRIL

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Dear Bannerman Neighbours.

The Bannerman Community League appreciates these past few days have been trying times in our neighbourhood as we retreat to our homes and close the door in our efforts to keep family, friends and neighbours safe from COVID-19. Bannerman, A Community that Cares for each other would encourage you to reach out by phone, a wave from the door step or a walk in our lovely river valley to remain connected and limit the possible anxiety some of us are feeling at this time. If you are aware of any neighbours who need to self-isolate or who could use some assistance with grocery delivery, medication delivery, or social contact via phone, please feel free to reach out to us to connect with a community member at bannermanleague@gmail.com

Community Resources

To help our neighbours, below are some listed resources that can help you during this period: Belmont Sobeys has introduced seniors shopping hours on Fridays from 7-8 am, available to anyone particularly vulnerable to get their essential items

Many of the major banks have agreed to defer mortgage payments if required

Scholastic Canada has created a free "Learning from Home" program for anyone with children to use to continue their child's education

Be well,

Your Bannerman Community League

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You're Invited! Annual General Meeting

When: April 15, 2020 @ 6pm

Where: The AGM will be hosted via an online platform in response to COVID-19 precautions. The information for participation will be distributed closer to the date.

Please call Jillanne at 780-271-0737 or email **bannermanleague@gmail.com** if you would like to learn how to connect and listen in to our annual general meeting.

Get to know your neighbours and the activities and programs that are happening in your community! Become a part of Bannerman, a community that cares, by signing up to volunteer.

The following positions are open for anyone to sign up to help our leadership teams:

Event Coordinator: work with the Social Events Director to communicate with vendors and neighbourhood resource providers who attend Bannermania and our annual Holiday Craft Fair, track vendor fees and confirmations, prepare layout of vendor tables, and participate with set up the night before the Holiday Craft Fair

Vacation Relief Hall Assistant: work with the Hall Rental Director to cover bookings during their vacation times; responsibilities include: collecting rental fees, ensuring contracts are signed, and unlocking and locking the hall before and after scheduled hall rentals

Grant Writing Assistant: work with the Grants Director to apply for 4-6 grants per year, including: operating grants, infrastructure grants, grants for the community garden and grants for other events. Taking on this role, you would have an opportunity to research grants that would support the activities of the community league, write grant proposals and report on the outcome of activities undertaken through the grant money. Time commitment would vary depending on the grant, up to 2 hours a month.

If you'd like to get even more involved, join our Board of Directors! Nominate anyone you may feel would be suited to one of the roles listed:

- President
- Secretary
- Hall Rental Director
- Grants Director
- Casino Director
- Social Events Director
- Newsletter & Communications Director
- Sports Director
- Abundant Communities & Memberships Director

April Riddle #1
The more you take, the more you leave behind. What am !?

April Riddle #2

What room do ghosts avoid?

Board of Director nominations or inquiries for further information on volunteer opportunities and Board roles can be sent to Dave Ball at 780-982-9165, or email bannermanleague@gmail.com.

New app helps Albertans access health care

March 19, 2020 [Media inquiries]

Albertans can now meet with Alberta-licensed physicians through their smartphone, thanks to an initiative by TELUS Health.

Babylon by TELUS Health is a service already available in British Columbia via a free downloadable app. The app can serve as a new tool for Albertans to access health-care information and support in response to COVID-19 – from anywhere in the province. Albertans can use the service to check symptoms, book appointments, see a doctor, and get prescriptions and referrals for diagnostic imaging and specialists – all covered by Alberta Health Care.

"Alberta is pleased to partner with TELUS to deliver physician services in a new way. This app is now available and ready for use in Alberta thanks to an alternative relationship plan, and it comes at a time when our health system is actively asking people to self-isolate as a result of the COVID-19 pandemic. Using this app is an alternative to visiting physicians face-to-face when you're not sure if your symptoms are related to the novel coronavirus or at any other time."

Tyler Shandro, Minister of Health

"TELUS' passionate and skilled health-care team is committed to driving improved health outcomes for Albertans by bringing our Babylon by TELUS Health virtual care service to communities and families across the entire province. In partnership with the Government of Alberta, our virtual health-care service bridges time and distance for Albertans in need of expeditiously accessing a physician at no cost from the comfort of home, while simultaneously keeping our amazing health-care professionals protected. It is our sincere hope that we can mitigate the enormous pressure on our health-care system through our technology, human ingenuity and compassion."

Darren Entwistle, president & CEO, TELUS

The service is being delivered to Albertans through an alternative relationship plan (ARP) between the Alberta government and TELUS. There are currently 61 ARPs in Alberta involving 2,500 doctors.

All physicians providing advice via telephone, email and videoconferencing, including virtual care, can bill for services using the health service code (HSC) 03.01AD. This includes care related to COVID-19 as well as care not related to the virus. The code will remain active as long as the chief medical officer of health determines it should remain active. For more information, physicians can read the updated bulletin on providing telephone advice (Med 221), or email health-pcsp.admin@gov.ab.ca.

Find more information about Babylon by TELUS Health and download the app (https://www.telus.com/en/bc/health/personal/babylon)

Bannerman in Action A day for doin good in the hood!

On **Saturday, May 23, 2020**, Bannerman neighbours will come together for the **second annual Bannerman in Action** to contribute toward projects for individuals and the community.

April Riddle #3

If you have me, you want to share me. If you share me, you haven't

- Do you need some help? Sign up to get some neighbourly assistance!
- Can you offer some help? Sign up today to say "I can pitch in!"

Bannerman: it's a community that cares.

Visit our website at

bannermanleague.weebly.com to participate. We are actively looking for volunteers to help your Bannerman neighbours with any 2-3 hours task. You can help by either offering a special skill set or by working with a team on a community orientated project.

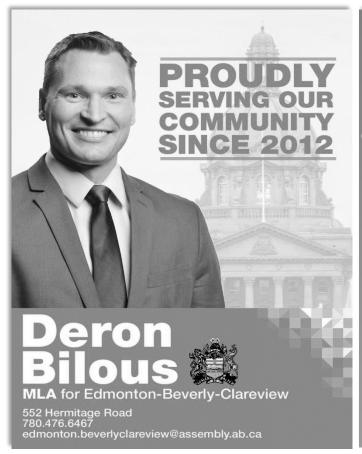


- Continental Breakfast and Volunteer
 Orientation: 8:30am
 at Bannerman Community Hall (14034-23 Street)
- Doin' Good in the Hood: 9am-12pm
- Celebratory BBQ: 12:15pm



This year, we are introducing a "sustainable neighbourhood" project. Volunteers will build vegetable garden boxes that can be delivered to people living in Bannerman to put on their balconies, front deck or front yards. The garden box, earth and plants will be provided. If you would like to get one for your place or be one of the volunteers that will be building them, sign up today! We are aiming to see 50-100 garden boxes providing health and sustainability this summer.

If you require more information, please email us at bannermanleague@gmail.com or leave a message at 780-271-0737.





Every Monday 6:30-7:30pm

Community Hall (14034- 23 Street)



New Spring sessions ready soon.

Pre-register for ten weeks for \$90 by sending an e-transfer to jillfb123@gmail.com

Bring your own yoga mat or a towel to use.

Flavours of Somalia dinner postponed due to COVID-19 cautions

March 13, 2020

For immediate release – EdmontonEats and the NAIT Culinary Team are postponing their *Flavours of Somalia* event which was scheduled for March 21, 2020.

"Our event is about good food, cultural awareness, community and connection," said EdmontonEats founder Maureen Murphy-Black. "We want to support the efforts to keep our communities healthy." EdmontonEats and NAIT will work together to reschedule the event while following the guidance provided by public health officials. Ticket-holders are encouraged to keep their tickets for the rescheduled date. Those who would like a refund are asked to contact edmontoneatsassociation@gmail.com EdmontonEats brings new Canadians together with Edmonton foodies to create evenings of culinary adventure and cultural exchange.

EdmontonEats event sponsors are NAIT, Bannerman Giant Tiger and Belmont Sobeys. EdmontonEats organization sponsors are Bannerman Community League, e4c and Communities United. EdmontonEats is supported by Edmonton Heritage Council and City of Edmonton.

All Media Inquiries: Gillian Rutherford, 587-988-7805, Rutherford.gillian@gmail.com Learn more about EdmontonEats at www.edmontoneatsyeg.ca, Instagram and Facebook.





Bannerman Community League Executive

President Dave Ball 780-475-5609

Vice-President Irene Kirby-Frith 780-340-7289

Secretary Jennifer Boone 780-478-6841

Treasurer Marian Eelhart

Community League Committees

780-266-1279 Abundant Communities Meloney Patterson Area Council Barry Kropielnicki 780-473-0159 **Building & Grounds** 780-475-5609 Dave Ball Wendy Curilla 780-473-6937 Casino Director Communications Brian Zizek 780-709-6566 Grants Director Maureen Murphy-Black 780-893-8979 Hall Rentals Carol Bolt 780-999-5469 Membership Meloney Patterson 780-266-1279 Social Director Jillanne Bowler-Veltman jillfb123@gmail Dale Wells Sign Manager **Sports Director** Dave Ball 780-475-5609

Contact Us

Mailing address

P.O. Box 50008 14061 Victoria Trail Edmonton AB T5Y 2M9

Website

www.bannermanleague.weebly.com

www.facebook.com/bannermancommunity

Join Our Next Community League Meeting!

April 15th, 2020 at 7pm at Bannerman Community Hall Open to all community members. Share your input on community activities.

Message Board

Answers to riddles:

- Footsteps
- The living room
- A secret

April quote

April hath put a spirit of youth in everything. (Sonnet XCVIII)
-William Shakespear

If you would like to leave a message on this board, email less than 50 words to brian_zizek@yahoo.com or bannermanleague@gmail.com

Falcor Painting and Decorating Ltd

Free Estimates.
Residential. Commercial
Edmonton, AB

Phone: 780-224-5948 www.falcorpaintingdecoratingltd.com

Hall rentals!

Bannerman Community Hall is available for wedding groups, birthday parties, meetings and other events.

Seating capacity is 140.

For information, call Carol 780-999-5469

Advertising rates

 Business card
 $3\frac{1}{2}$ " × 2"
 \$30

 $\frac{1}{4}$ page vertical
 $3\frac{1}{2}$ " × $4\frac{1}{8}$ "
 \$50

 $\frac{1}{4}$ page horizontal
 $7\frac{1}{8}$ " × $2\frac{5}{8}$ "
 \$50

 $\frac{1}{2}$ page horizontal
 $7\frac{1}{8}$ " × $4\frac{1}{8}$ "
 \$75

 Full page
 $8 \times 10\frac{1}{2}$ "
 \$90